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FREE guide to releasing cash from your home

If you're aged 55-95 and own your home, you could tap into its value and access tax-free cash.

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Course helped Liz to set up her own ousiness. Picture:



It's a major change from life as an Army wife ... but we're loving being captains of industry

Being the wife of a military man can mean regularly moving home, making it difficult to have a career. Women's Enterprise Scotland have been launched to help such wives set up their own businesses. MARIA CROCE meets three of the women who are benefiting most

CHARLOTTE'S STORY



Parcel for hubby turned into Treats for Troops enterprise

WHEN her husband was deployed | Scotland. The couple have two to Kabul, Charlotte Park sent him a parcel of goodies.

Then, when she learned some of his comrades didn't have anyone to send them treats, she organised packs for them to boost their morale. The idea quickly snowballed.

Charlotte, 44, from Edinburgh, iumped at the chance of attending the business creation project, which has helped her evelop Treats for Troops on She's married to Derek, 44, a

military dogs serving overseas. Charlotte has been backed by firms such as Tunnock's, who have donated treats for the boxes, and drinks firm Barr's, who gave Irn-Bru. She said: "When the trangers, they know people are thinking bout them and it boosts their morale "The project has given me so much direction.'

sons - Alistair, 18, who's serving

Charlotte said: "When my

from home, I thought I'd send

husband told me there were men

who weren't receiving anything

She's sent hundreds of packs

of snacks, gifts, gloves, socks and

treats to forces serving in Iraq,

Afghanistan and Somalia - and

28 packs of treats and toys for

also collected donations for

in the same regiment, and

Aaron, 10.

some boxes out."

com/park



I got the boost I needed to get crafty

Now she's found a way to turn their family fun into a

five years ago, teacher Liz became a stay-at-home parent who would run craft sessions for other mums.

Women's Enterprise Scotlan pilot scheme, she has Little Red Hen Crafts. Liz, 38, is married to Major Chris Dadd, 36, of

ifles. The family live

DEVOTED WIFE Liz with her husband Chris

"I saw there wasn't a lot out there for craft groups where we had been posted. People didn't have all the

craft and didn't always want

children and making things, so I thought I'd start to do it "I had that idea before

the mess.

"The course taught me "Launching my own about writing a business plan, branding and finance. business is empowering. "I used to get together with Army friends and I'd "Being in the group gave us all the confidence to turn do crafts with my friends' children because I had all

craft boxes with all the

knowledge on starting up

the cross-party group for



FUN AND PROFIT With daughter Charlotte and some of her craft boxes

JADE'S STORY

Home business helped me find my own niche

an Army wife sometimes made her feel like she'd lost her identity. But her confidence was

given a boost when she launched her own business, Handmade by Jade. The 27-year-old is married

to corporal and section commander Lee, 29, and with their children Flisha. six, and Jessica, two. Jade struggled to work

because of chronic pain and | frame. When I put up a and had to leave her job in

Then Elisha was diagnosed with autism. which made finding suitable childcare difficult, too. Jade found a

info

Women's Enterprise

enterprise skills and

spouses and partners.

More women-owned

women-led businesses

Scotland launched the pilot

business creation project last

year. It's designed to develop

encourage business start-up

ideas among Armed Forces

solution through launching her own home business. She said: "I've always been really crafty and did art at school We hadn't decorated the house. a nice Scrabble



picture on Facebook, friends asked if I could nake them one. "Soon, I had other people I didn't know requesting things, so I thought, 'Maybe

could go with this. "I had no idea how to rur a business, so when I saw the project, I thought, That's perfect.' "They also provide

childcare, so people who normally couldn't do something like this could get involved." www.facebook.com/

HandmadeByJade7



FRAMEWORK FOR SUCCESS Jade's Scrabble creations